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# JKONE

## Tarsar Marsar Sundarsar Trek

Trek Months - July to September.

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### Travel and Trek Itinerary

Srinagar | Pahalgam | Aru | Lidderwat | Shekwass | Tarsar | Sundarsar | Marsar | Homwas | Aru | Srinagar.

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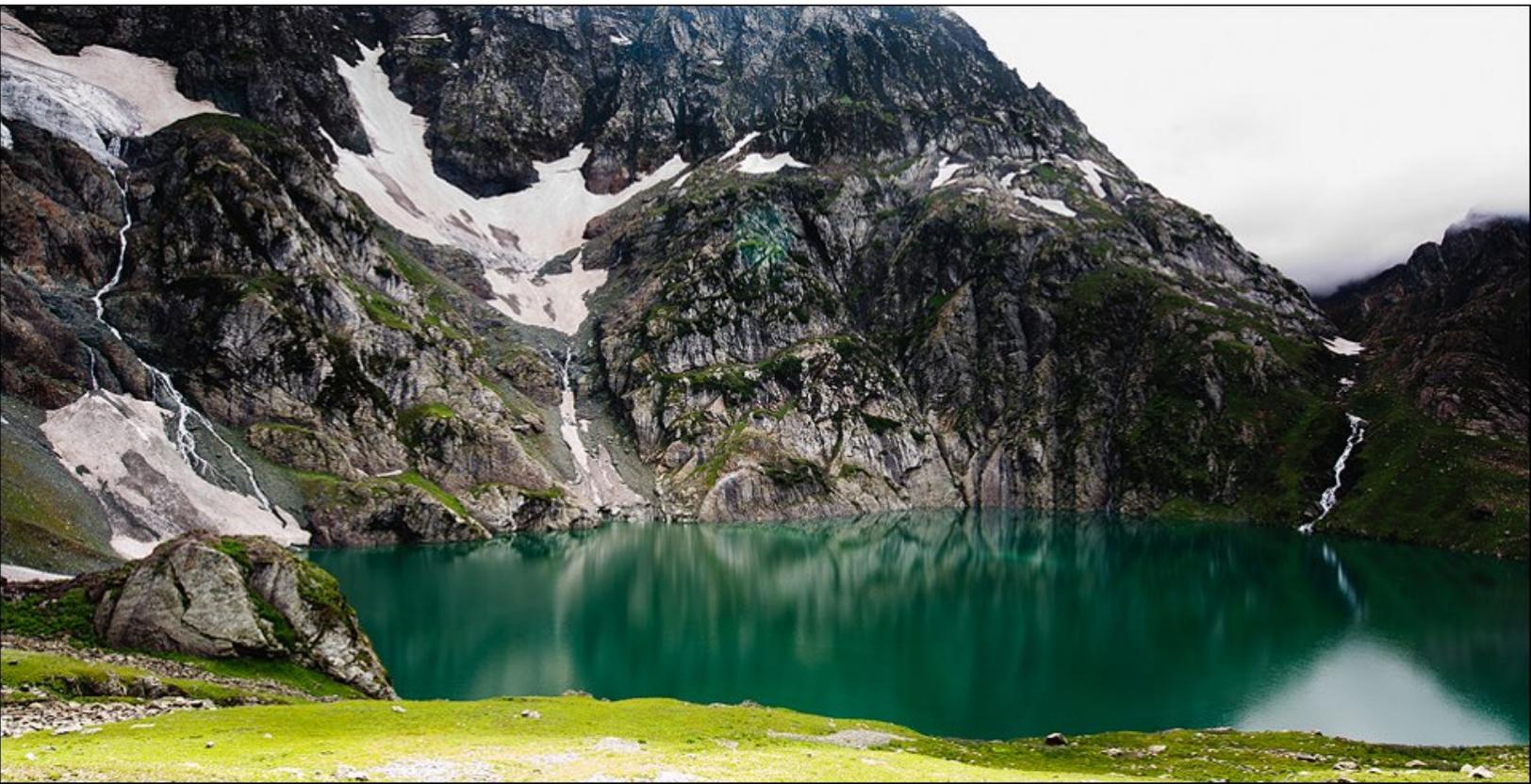
## Introduction

Aru a well-known tourist hub with endearing valleys encompassed by towering pinnacles and Lidder River makes it a standout amongst the most looked at spots for travellers and trekkers everywhere, its brilliant slopes with tall pine trees, and high glades make it appealing. The seething Lidder River has two tributaries Lidder east from Sheshnag Lake and Lidder west from Kolahai ice sheet. One should encounter the restoring stroll along the riverside likewise celebrated for angling where the fishermen originate from everywhere throughout the world.

Pahalgam is likewise an explorer's heaven with brilliant lakes and meadows scattered the whole way across where one could go on various treks like Tarsar Marsar, Kolahai glacier, Sheshnag, Rohil Pattri, Basmal lakes and appreciate the spouting waters of Lidder by leaving on a raft amid the summer months. Aru has rich



vegetation and grand timberlands of pine, conifers, deodar, and so on if fortunate one could spot Hungul, musk deer, serow, bear, macaque, langur and the Himalayan bunny. It is a haven for birding with a griffon, monal, koklas, wilderness crow, and blue shake pigeon in its backyard.



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## Trek Facts

**Grade:** Moderate

**Altitude:** 4,000 mts

**Temperature:** Towards the summer months, one can expect the temperature to range from 20 degree Celsius during the day and drop down to as low as -2 degree Celsius during the night in the valley. The chilly winds in the early morning and evening can make it feel even colder.

**Trek Duration:** 7 days.

**Trek Season:** Late June to September

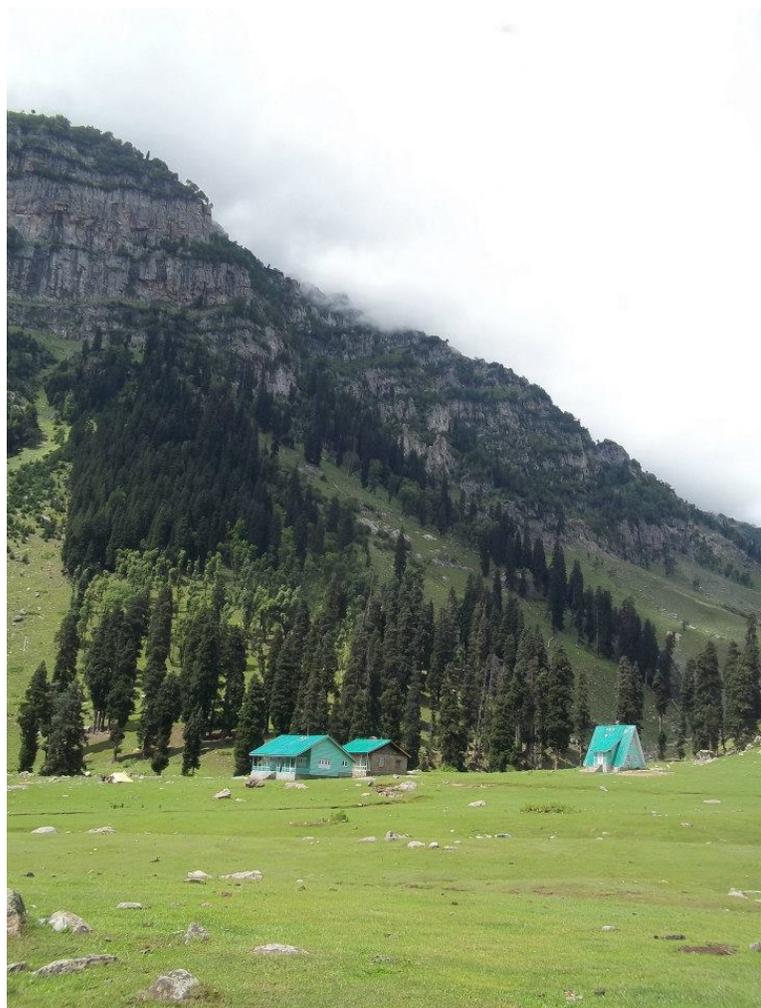
**Base Camp:** Aru.

**How to reach Base camp:** Aru is situated at a distance of 100kms from Srinagar and can be reached in approximately 5 hours.

To reach Srinagar, you can take a train to Jammu and take a taxi/bus ride for the rest of the journey. You can also take the flight to Srinagar from Delhi or Mumbai with or without a stopover at Jammu. By bus, Srinagar is linked by the National Highway 1A to the rest of the country.

**Nearest Airport / Rail line / road**

**connectivity:** The nearest airport is the Sheikh ul Alam airport, also known as the Srinagar airport. Jammu is the nearest rail connectivity point and is well connected to all major cities by train.



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## Trek Itinerary

### Day - 1

#### Day 1: Report to base camp

- On Day 1, assemble at the base camp – Aru village.
- For trekkers coming from different parts of the country, cabs can be arranged on request and additional trekker cost-sharing basis to pick you up from Srinagar. Western Mountains trek leaders will receive you at Aru.
- Meals: Tea& Snacks, Dinner and stay at camp.



### Day - 2

#### Day 2: Aru to Lidderwat.

- Day 2 starts with an easy hike towards Lidderwat on the well-marked trail with towering pine trees. Don't miss out on the breathtaking views of the valley alongside the gushing river.
- It is almost a flat and easy trail up to Lidderwat and you would encounter a lot of tourists making day trips to the place.
- Lidderwat campsite has a confluence of streams flowing from Kohlai Peak and Tarsar stream.
- Overnight stay in Camp or Gujjar Huts.
- Meals: Breakfast, Lunch, Tea& Snacks, Dinner.



### Day - 3

#### Day 3: Lidderwat to Shekhwass.

- Today we embark on a long day towards Shekwass, the trail is well laid out.
- You would find many friendly shepherds on the route and it is a very beautiful valley, not much strenuous.
- Overnight stay in tents.

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- Meals: (Breakfast, Lunch, Tea& Snacks, Dinner).

### Day - 4

#### Day 4: Shekwass to Tarsar Lake.

- From Shekwass we move towards Tarsar Lake which is a gradual ascent, it would take us around 2 hours to reach Tarsar Lake.
- Tarsar is a huge lake and very similar to Gangabal lake on the trek from Naranag in Ganderbal
- Enjoy the turquoise blue waters of Tarsar for the day.



- Meals: (Breakfast, Lunch, Tea& Snacks, Dinner)

### Day - 5

#### Day 5: Tarsar Lake to Sundarsar Lake.

- After the blissful stay at Tarsar Lake, we move towards Sundarsar Lake.

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- It is a gradual hike in the grassy valley towards a small pass that leads to Sundarsar
  - It should take us around 5 hours to reach the beautiful shores of Sundarsar.
  - Meals: (Breakfast, Lunch, Tea& Snacks, Dinner).

## Day - 6

### Day 6: Sundarsar Lake to Homwas via Marsar Lake

- We would make an early morning start to visit Marsar Lake just with our water bottles and snacks. It is an easy and short walk up to Marsar. Enjoy the pristine waters of Marsar Lake.



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- Head back on the same trail to Sundarsar camp and start your way towards Homwas
  - The trail from Sundarsar to Homwas should take us around 4 hours.
  - Meals: (Breakfast, Lunch, Tea& Snacks, Dinner)

### Day - 7

#### Day 7 – Homwas to Aru and drive to Srinagar.

- Today you are on the last leg of the trek and start towards Aru.
- We take the same route that we had taken to reach Lidderwat.
- It should take around 5 to 6 hours to reach Aru.



- For trekkers, cabs can be arranged on request and additional trekker cost-sharing basis to pick you up from Aru and drop at Srinagar.
- Meals: (Breakfast, Lunch).

## Optional/Extras Tour Costing - All price is in Indian rupees

Particulars	Amount INR	Note
Foreigners Permit for trek	800	Per Person
Indian Permit for trek	800	Per Person
Backpack Offloading	3000	backpack not weighing more than 10 kg
Aru homestay	3000	Breakfast, Lunch, & Dinner included (twin sharing)
Riding horse charges for the entire trek	13000	If you use for additional days apart from standard 8 days, INR 1,000 per day ( Should be informed before the start of the trek)
Delux houseboat stay at Srinagar	6000	without Shikara ride (Breakfast and dinner included twin sharing)
Budget houseboat stay at Srinagar	3,000	without Shikara ride (Breakfast and dinner included twin sharing)
Shikara ride	700	For one hour
Cab from Airport to Aru	5500	5 pax per vehicle
Cab from Aru to Srinagar	5500	5 pax per vehicle
Tempo from Srinagar to Aru	6500	10 to 11 pax per vehicle
Garbage Disposal fee	5000	Refundable

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## Cost Inclusions:

- Accommodation in dome tents (2/3 per tent).
- Meals mentioned in the itinerary on a fixed menu/ buffet basis.
- Camping Equipment: Tents, Sleeping bags, mats, gaiters.
- All charges for guides, cooks, helpers & ponies.

## Cost Exclusions:

- Airfares, airport taxes and anything not mentioned in the inclusions and itinerary.
- Meals, tea, coffee, mineral water, tips, transfers not mentioned in the itinerary.
- Doctor, telephone, laundry and other personal expenses.
- Cost of personal emergency exit or expenses due to external factors such as climatic conditions.
- Travel Insurance.
- Internal transportation cost as per itinerary Srinagar to Aru and Aru to Srinagar.

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## Terms and Conditions

### Cancellation Policy

Life is unpredictable and we understand that sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy as possible for you. However, please understand that we plan everything including guide fees, permits, accommodation and ration in advance. Therefore, any cancellation means inconvenience and certain losses to the people involved in various stages of the programme. Keeping that in mind, our cancellation charges are as below –

Cancellations prior to 30 days from the start of the event: Full refund as cash

Cancellations between 30 days and 15 days to the start of the event: 50 % refund as cash.

Cancellations less than 15 days to the start of the event: No refund.

Cancellations will be accepted only by email.

**Note:** JKONE reserves the right to cancel a programme before departure in the event of logistical problems arising due to natural calamities, strikes, wars or any other circumstances that make the event inadvisable. In this case, we will refund 50% of the event fees.

### Itinerary Changes & Trip delays:

We plan itineraries based on the information available at the time of planning and in rare circumstances, they are subject to change. In the event that the itinerary is changed or delayed due to unforeseen circumstances such as bad weather, transportation delays, government intervention, landslides etc., we will always aim to give you the best experience possible. However, JKONE cannot be held responsible for the cost of delay or changes.

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## Health & Fitness Requirements:

This trek does not require you to have any previous trekking or mountaineering experience. We do however highly recommend having an adventurous spirit and willingness to undergo the joys & hardships of outdoor camping, in addition to good physical and mental fitness, to completely enjoy the trek. If you suffer from severe muscular, chest, heart or bronchial ailments, we advise you against participating since most treks happen in remote areas with limited access to medical services & hospital facilities.

Our Trek Leaders are experienced mountaineers and we trust their judgments. If during the trek, the Trek Leader advises you against continuing on the trek, we request you to respect his judgment and follow his instructions.

## Join Us!

JKONE is committed to decreasing our footprint on the mountains and preserving the natural beauty of the pristine Himalayas. And one of the ways we do this is by restricting the number of trekkers in a single trek batch to 15. The slots in a batch are filled on a first come first serve basis.

If we have got your adrenalin pumping already and you are eager to sign up or have some enquiries, email us at [accounts@justhireonline.com](mailto:accounts@justhireonline.com)/ [gulmargsnowschool@gmail.com](mailto:gulmargsnowschool@gmail.com) or say hello at the below numbers:

Shabbir: #7298193335

